**1**

This **Oral Health test** uses **only the instructions found on this card**. Do not eat, drink, smoke, chew gum, or brush teeth 30 minutes prior to collection.

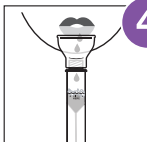
**2**

Open the Clear Saline Tube. Pour rinse into mouth.

DO NOT SWALLOW

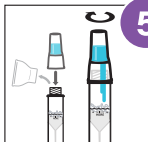
**3**

Swish around your mouth for at least 15 seconds. Try to stimulate the gums while you are swishing.

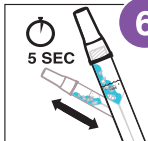
**4**

Spit saline solution with saliva into collection tube using the funnel. Continue to spit into device until reaching the fill line.

(Warnings & safety information can be found inside Device IFU if needed.)

**5**

Remove the funnel from tube. Screw cap filled with blue solution onto tube and tighten. Once fully tightened, the solution will release and flow into tube mixing with saliva.

**6**

Tilt the tube back and forth to mix saliva with the preservation solution.

(Continue to step 7 on back of this card.)

Scan to view video
instructions online



simplytest.com



SIMPLY TEST

ORAL HEALTH

By Spectrum Health Science

- Please read the entire instructions or watch video before beginning sample collection.
- Check to ensure everything is provided to complete sample collection

7

Write first and last name (no initials) and date of birth (MM/DD/YYYY) on tube label. **This is a regulatory requirement. Samples that are missing either identifier or that are not labeled exactly as instructed will be rejected.**

8

Register test in provider portal. Verify the first and last name and DOB entered match what is written on the tube. Verify the Sample ID entered matches the barcode.

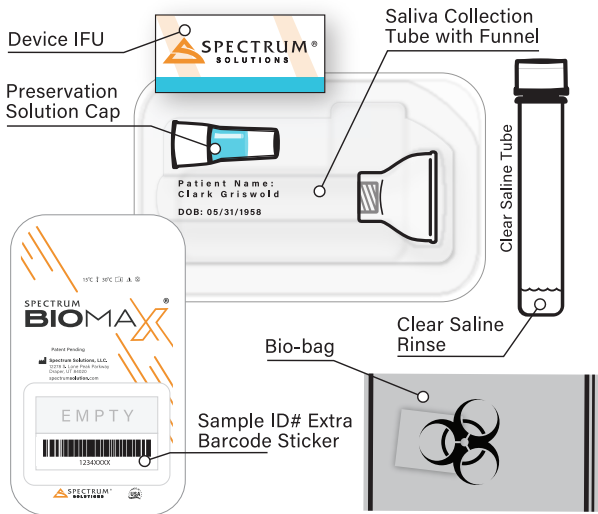
9

Place the sealed tube into bio-bag. Seal the bio-bag and place it inside the return mailer box. Peel adhesive strip from return mailer box lid and press to seal closed.

10

Contact specified carrier on prepaid shipping label for drop-off locations or to schedule a pick-up.

Kit Contents



This SimplyTest Oral Health device is intended for the non-invasive collection, preservation, storage, and transport of saliva samples for laboratory analysis.

 Spectrum Health Science, 12278 S Lone Peak Parkway, Suite 106, Draper, UT 84020